Mental Health FIRST AID

from NATIONAL COUNCIL FOR MENTAL WELLBEING

Mental Health First Aid

Training for agricultural professionals and service providers

Just as CPR teaches you how to help someone having a heart attack, Mental Health First Aid teaches you how to help someone experiencing a mental health or substance use challenge. This skills-based course helps you identify, understand, and respond in crisis and non-crisis situations.

COST:

No charge (estimated value \$100)

QUESTIONS:

joy.kirkpatrick@wisc.edu or 608-263-3485

Instructors: Joy Kirkpatrick & Danielle Sander, UW-Madison Extension educators

Training requires participants to use webcam and microphone during the virtual live training days.

UPCOMING TRAININGS:

Tues/Thurs, June 17 & 19, 2025

9:00 am – noon (must attend both days).

Participants must complete a 2-hour online self-paced course prior to the 6-hour instructor-led training via Zoom.

REGISTER AT: https://go.wisc.edu/1dlwnc



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