

Suicide Prevention Newsletter

Suicide Prevention Corporation Southwest WI

June 2024

Events



June 29, 2024

Memorial Walk & Live Butterfly Release

Ridgeway Ball Park at Train
Car landing.

Please Register at "Events":

www.Suicide-SWWI.org

Live Butterfly Release @
11:30am

Walk from 11:30a -1:30p



Zoom Young Adult

Support Group (18-30)

1st & 3rd Sunday @ 6:30p-8:00pm

www.namidanecounty.org/support

Support email before 4:30pm:

contact@namidanecounty.org



June 8 & 9

Darlington Canoe Fest

Suicide Prevention display
table with free goodies, come
purchase a Calendar Raffle
Ticket (\$20) or T-shirt (\$5).

Trainings



Deadline to Register for Crisis
Intervention Partnership (CIP)

**Offered at Grant Co. Sherrif
Office July 16 & 17 @ 8:00am-
5:00pm**

For more information go to
calendar of events on home
page : Suicide-SWWI.org

Online QPR Training

\$30 per person/ 60 min.

<https://qprinstitute.com/individual-training>

Thank You:

- Everyone that donated funds in memory of their loved ones.
- Everyone that wore a prevention T-shirt on Fridays, organized an event, window display, shoe memorial display, participated or volunteered for May as Mental Health Month.
- All T-shirt Designs for being submitted.

Donate:

- **Buy or help sell Calendar Raffle Tickets.**
Email: SPCICWI@Gmail.com or via VENMO to send \$20 for your ticket. Winners will be drawn every day in September at Sheddy's Bar & Grill in Montfort. Each ticket is re-entered after winning! Each ticket is \$20 and I will need your name, phone number, and address sent to me with \$20.
- **Go Fund Me – Hole for the Cause-** June 21 @ Dodge Point Country Club in Dodgeville. Please donate to these 4 amazing friends starting @ 5:00am and play 37 holes of golf to raise money for Suicide Prevention. <https://gofund.me/c45bca58>

Get Something Going in Your Community:

Start Planning now for your business, community, or school for May as Mental Health Month.

- Find ideas: www.Suicide-SWWI.org "Prevention."
- WE ARE IN SEARCH OF A COMMUNITY that would like to **host a 5K/ 10K Veterans March/Run on Saturday, Nov. 9.** It would be a perfect project for a community group, Fire Dept, EMTs, Cross Country Team Etc.
 - Contact SPCICWI@Gmail.com

Parenting Help Lines

(800) 632-8188 Parent Stress Line (24/7)

www.Parentshelpingparents.org

Website offer FREE Virtual Support Groups

- Parenting teens, LGBTQ, Special Needs Teens, High Emotions
- Young Parent Group (Ages 18-30yrs)
- Parenting in Recovery
- Father's Group
- Spanish Speaking Group

Grief Support Groups in Southwestern Wisconsin

www.Suicide-IowaCountyWI.org

LaFayette

Survivors of Suicide Grief Support Group

2nd Monday Monthly 6-8pm

Lafayette Co Multi-Use Bldg
11974 Ames Rd. Darlington

Vernon Co.

Survivors of Suicide Grief Support Group

3rd Tuesday @ 7pm- 8pm

Coulee Recovery Center 933

Ferry St. LaCrosse, WI

(608) 633-3135

•••

Recovery Through Sharing

Peer -Adult Mental Health

Every Wednesday 6p-7p

1321 N. Main, Viroqua, WI

Crawford Co.

Survivors of Suicide Grief Support Group

3rd Monday @ 6:30pm- 8pm

River District Hotel 130 S.

Main St., Prairie du Chien

sonya.anderson@crossingrivers.org

•••

Grief Support Group

1st Monday @ 5:00pm

Crossing River Health-

Polodna Conference Room

Haley Kregel: 608-357-2449

Richland Co.

Richland Coffee Club 1st

Thurs monthly 8-10AM @

Senior Center 608-647-1853

Iowa Co.

Sharing Grief of Suicide Loss- 2nd Thursday of each month.

7:00pm – 9:00pm at Iowa County Health and Human Services Building.
303 W. Chapel St. Dodgeville, WI 53533.

Compassionate Friends -(608) 604-1723 julie.henneman9@gmail.com

3rd Tuesday of Each Month 7:00pm. @ Grace Lutheran Church,
1105 Bequette St. Dodgeville, WI 53533

Veterans Mental Health

Iowa County Veteran Services Office location at 303 Chapel st.,
Suite 1300, Dodgeville, WI 53533

1st & 3rd Friday of every month 9:00am-3:30pm. Sponsored by:

Madison Vet Center at 608-264-5342 Jonathan Howell

Sauk Co.

Grief Support Group: 1670 S. Boulevard Baraboo, 800-553-4289. (also
Richland County)

Grant Co.

Grief Support Group- Schreiner Memorial Library. Last Monday of each
Month @ 6:30pm. Lead by Kim White, Mindfulness Matters

Compassionate Friends- 2nd Monday of the month at 6:30pm. Boscobel
Public Library. Lead by Tammy Clauer: tammy.clauer@gmail.com

ONLINE RESOURCES:

Alternatives to Suicide Support Group – After an Attempt Group.

- Wisconsin Based: 2nd & 4th Thursday 7:00pm-8:30pm. Contact psw@Mhawisconsin.org (414) 336-7970

Survivors of Suicide Loss –18yrs+ that have lost someone to suicide.

- Healingconversations@afsp.org

Sharing Grief of Suicide Loss- 2nd & 4th Tuesday of the Month. Confidential
SOS Group at Journey Mental Health Center, Madison, WI **608-280-2435**

E-Mail: sos@journeymhc.org