

Suicide Prevention Newsletter

Suicide Prevention Corporation Southwest WI

April 2024

Events

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April 9, 2024 5:00pm
Building Strong Relationships
and

April 30, 2024 @ 5:00pm
Parents Rock!

Basement of Grace Lutheran
Church, Dodgeville
partnerwithparents@gmail.com

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Zoom Young Adult

Support Group (18-30)

1st & 3rd Sunday @ 6:30p-8:00pm

www.namidanecounty.org/support

Support email before 4:30pm:
contact@namidanecounty.org

Trainings

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April 2nd Thru May 14th
@ 6:00pm. (Tuesdays)

Dinner option at 5:00pm
Addressing our Suicidal Losses
with the Help of our Catholic
Faith (4-part series)

Location: 702 S. High Point Rd,
Madison WI 53719

Contact: (608) 821-3050

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April 9 & 10 (8a-5p)

Crisis Intervention Partnership

11974 Ames Rd
Darlington, WI 53530
c.johnston@swcap.org

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May 1-2, 2024

Prevent Suicide WI
Virtual Conference

Digging Deeper: Uncovering the
Roots of Suicide

psw@mhawisconsin.org

Thank You:

- Everyone that donated funds in memory of their loved ones.
- **Cobb Fire Dept** for hosting QPR Training.
- **Boscobel Women's Club** for hosting QPR Training.

Donate:

April 13: Boscobel Bowling Tournament & Trivia with Silent Auction. Consider donating to our silent auction! Create a basket to donate with your community group, family, business, spiritual group, or friends. Before April 10. (SPCICWI@Gmail.com)

Shoe Memorial: We provide the shoes for you. Just fill out a registration form found on: <https://www.suicide-swwi.com/events>

Get Something Going in Your Community:

Start Planning now for your business, community, or school for May as Mental Health Month! Next MONTH!

- Find ideas: www.Suicide-SWWI.org "Prevention."
- Window Displays as easy as Print and put up!
- Contact SPCICWI@Gmail.com for Swag to give-away as prizes, fir a display table or to people that participate in your activities you have planned.
- Order your Suicide Prevention T Shirts now for your school, business, or family to wear **every Friday in May**.
- Print attached letter and distribute around your community.

Keep an Eye on our Calendar of Events for MAY Mental Health Month! www.Suicide-SWWI.org

Looking for People to get QPR Trained:

Suicide Prevention of SW Wisconsin will pay for 3 people in each of the following counties to get trained to present QPR Trainings: Richland & Vernon. This is open to anyone that is willing to commit to doing 6 presentations a year. You can be a survivor (3 yrs+), counselor, officer, educator, medical or legal professional, spiritual leader or a concerned citizen. SPCICWI@gmail.com

Grief Support Groups in Southwestern Wisconsin

www.Suicide-IowaCountyWI.org

LaFayette

Survivors of Suicide Grief Support Group

2nd Monday Monthly 6-8pm

Lafayette Co Multi-Use Bldg
11974 Ames Rd. Darlington

Vernon Co.

Survivors of Suicide Grief Support Group

3rd Tuesday @ 7pm- 8pm
Coulee Recovery Center 933
Ferry St. LaCrosse, WI
(608) 633-3135

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Recovery Through Sharing
Peer -Adult Mental Health
Every Wednesday 6p-7p
1321 N. Main, Viroqua, WI

Crawford Co.

Survivors of Suicide Grief Support Group

3rd Monday @ 6:30pm- 8pm
River District Hotel 130 S.
Main St., Prairie du Chien
sonya.anderson@crossingrivers.org

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Grief Support Group

1st Monday @ 5:00pm
Crossing River Health-
Polodna Conference Room
Haley Kregel: 608-357-2449

Richland Co.

Richland Coffee Club 1st
Thurs monthly 8-10AM @
Senior Center 608-647-1853

Iowa Co.

Sharing Grief of Suicide Loss- 2nd Thursday of each month.

7:00pm – 9:00pm at Iowa County Health and Human Services Building.
303 W. Chapel St. Dodgeville, WI 53533.

Compassionate Friends -(608) 604-1723 julie.henneman9@gmail.com
3rd Tuesday of Each Month 7:00pm. @ Grace Lutheran Church,
1105 Bequette St. Dodgeville, WI 53533

Veterans Mental Health

Iowa County Veteran Services Office location at 303 Chapel st.,
Suite 1300, Dodgeville, WI 53533

1st & 3rd Friday of every month 9:00am-3:30pm. Sponsored by:
Madison Vet Center at 608-264-5342 Jonathan Howell

Sauk Co.

Grief Support Group: 1670 S. Boulevard Baraboo, 800-553-4289. (also
Richland County)

Grant Co.

Grief Support Group- Schreiner Memorial Library. Last Monday of each
Month @ 6:30pm. Lead by Kim White, Mindfulness Matters

Compassionate Friends- 2nd Monday of the month at 6:30pm. Boscobel
Public Library. Lead by Tammy Clauer: tammy.clauer@gmail.com

ONLINE RESOURCES:

Alternatives to Suicide Support Group – After an Attempt Group.

- Wisconsin Based: 2nd & 4th Thursday 7:00pm-8:30pm. Contact psw@Mhawisconsin.org (414) 336-7970

Survivors of Suicide Loss –18yrs+ that have lost someone to suicide.

- Healingconversations@afsp.org

Sharing Grief of Suicide Loss- 2nd & 4th Tuesday of the Month. Confidential
SOS Group at Journey Mental Health Center, Madison, WI **608-280-2435**
E-Mail: sos@journeymhc.org