



Agriculture

Jackie McCarville, Regional Dairy Educator



The Extension Agriculture Institute is your connection to the latest University of Wisconsin-Madison research. Our five program areas; Agriculture Water Quality, Crops and Soils, Dairy and Livestock, Farm Management, and Horticulture, are here to educate and respond to the needs of the agriculture community while providing resources that promote economic and environmental sustainability in Wisconsin. We apply research to challenges facing communities and businesses.

Meeting Series

A live, on-line meeting series, for farmers and dairy industry professionals, where participants learned the latest research and applications regarding a blood panel developed to predict high liver triglyceride status in multiparous cows and early lactation milking frequency in an automated milking herd. The goal of this effort was to increase knowledge of the latest UW-Madison research on impacts of fresh cow herd health and monitoring.

Connected and Support – Radio Interviews

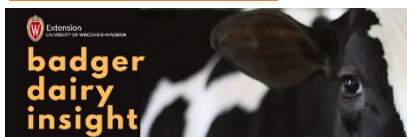
A bi-weekly radio interview for farmers, agricultural industry persons, youth livestock and youth dairy where they learned about extension agriculture related resources, information, and timely webinars. The goal is to help them to be connected and supported, and make better informed decisions regarding their farm business operations or youth large animal project to improve farm business viability, environmental sustainability, and food safety.

Dairy Production Management

A dairy production and management newsletter for farmers, managers, employees, and agribusiness professionals, where subscribers learned about dairy facilities and ventilation, reproduction, animal well-being, nutrition, and Extension dairy production and management resources. This effort was designed to provide a timely and reliable source of dairy management news and updates to help them improve farm business viability, environmental sustainability, and food safety through animal welfare.



Badger Dairy Insight



A digital media/television interview aired in Wisconsin and the upper Midwest for farmers and consumers on Badger Dairy Insight. This effort aimed to increase awareness about our webinar series aimed to increase knowledge in genetics/reproduction, nutrition topics, animal welfare, and automation/modernization in the coming year.



Health and Well-Being Bridget Mouchon, Health & Well-being Educator



The Extension Institute for Health & Well-Being works to catalyze positive change in Wisconsin communities to promote health and well-being. Our research-based programs are focused on food and nutrition security, chronic disease prevention, mental health promotion, substance use prevention, and access to health care. Rooted in both urban and rural communities, we're working together to help solve the state's most pressing well-being needs and to ensure that all Wisconsinites have the

Lunch Bunch

A presentation to a group of HCE members, "Lunch Bunch", where the evidence based Sources of Strength was overviewed, in order to develop an understanding of the program and its strengths and resiliency lens/framing and thereby start to build a landscape of shared culture and language around supporting youth mental health.

COMET – Changing our Mental and Emotional Trajectories

A Changing Our Mental and Emotional Trajectories (COMET) for Farm Service Agency employees, where people learn basic skills of noticing and asking others about their wellbeing and mental health in order to improve their ability to open up a conversation with someone they are worried about to reduce isolation, and help them get to additional help or support if needed. These staff work with farmers who have significantly higher rates of death by suicide than the rest of the population.

A Parent Cafe

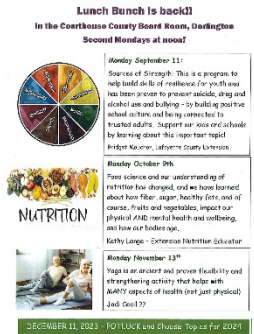
A Parent Cafe delivered in Spanish, where participants a) learned about and had facilitated conversations around the five protective factors and b) connected around the stresses and strengths of their own parenting journeys, in order to build better networks of support and develop more strategies to improve their parenting and the mental health and wellbeing of themselves and their children.

Spanish Speaking Educational Outreach

Planning for Spanish-speaking Community Health Worker educational outreach and one-on-one support, for the Speaking and immigrant community and community members, in collaboration with Green and Lafayette Counties Health Departments, Hospitals, Multi-cultural Outreach Program, schools, churches and many other community groups. The goal of this effort is to provide access to health education and coaching designed to meet the needs of Spanish-speaking people and families, so that people are better able to navigate healthcare, school and other systems and take care of themselves and their families.

Community Health Improvement Process

A Community Health Improvement Process presentation and facilitation with Lafayette County residents, where attendees received information about local health issues and determined health issue priorities, so that the community coalition can develop strategies and use available resources to work on improving and impacting one or more targeted issues.





UW-MADISON EXTENSION

*Maggie Milcarek, FoodWise Nutrition Coordinator
Kathy Lange, FoodWise Nutrition Educator*



Kathy Lange

Maggie Milcarek

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Strong Bodies

Planning and recruiting for a second series of Strong Bodies weight training and nutrition classes in Darlington through the Lafayette County Housing Authority.

Farmers Market & FoodWise

Support for a coalition consisting of Farmers Market Managers and FoodWise staff in Southwest Wisconsin. The goal of this effort is to strengthen community partnerships, empower members through sharing of best practices, develop and disseminate resources, and promote equitable access to healthy and local foods.

Nutritional Education Classes

- Planning for nutrition education classes at Lafayette County Housing Authority properties in Argyle and Blanchardville by contacting and meeting with partners and gauging interest in programming.
- Planning for a series of nutrition education classes with Head Start, second, third and fourth graders at eligible elementary schools by contacting and meeting with partners, confirming eligibility and scheduling lessons.

Harvest of the Month



Planning for Harvest of the Month with eligible schools. Reaching out to partner schools to gauge interest in participating in Harvest of the Month for the upcoming school year. Wisconsin Harvest of the Month is a statewide campaign that encourages kids and families to eat more fruits and vegetables. Each month schools showcase one seasonal, Wisconsin-grown fruit or vegetable. Students taste, explore and learn about the importance of eating fruits and vegetables.



Positive Youth Development

Hailee Kammerud, 4-H Youth Development Educator

The Extension Institute of Positive Youth Development prepares the youth of today to become the effective, empathetic adults of tomorrow. Our research-based youth enrichment programs like teens in governance build youth and adult capacity and partnerships that help both sides grow. 4-H clubs, camps and afterschool programs give young people the hands-on experiences they need to develop an understanding of themselves and the world.



Fill the Floral Hall



The 4-H Program Educator provides support of 4-H volunteer-led programming, Fill the Floral Hall, that was started at the grassroots level by two 4-H parents that wanted to see more opportunities for 4-H youth to gather and connect on project-based programming through sparks, belonging, relationships, and engagement. As the educator, I support the lead 4-H volunteer in planning the year-long project, reaching out to volunteers or community members that have expertise in project areas, acquiring of expertise, and materials needed to support the youth.

National 4-H Week



The 4-H Program Educator provides ongoing marketing to support increased publicity and enrollment of the county 4-H program. By creating additional promotion materials, Facebook posts, website fliers, window displays, and radio interviews to further promote 4-H programming within the county 4-H continues to be in the forefront of media attention allowing for the creation of sparks, relationship building, and the sense of belonging.

4-H Record Books

Development of a 4-H Record Book rubric and streamlined curriculum that allows for 4-H youth to develop their record keeping skills for members of Lafayette County 4-H. The goal for a clear, simplified version of record sheets is to create a reflective process of learning for 4-H members to be more conducive to the experiential learning model.