

October 2023



As the end of National 4-H Week closes for 2023 did you take time to reflect on all of the reasons why YOU Love 4-H? Why is 4-H an important program where you invest your time, talents, and energy? Why are your children involved in 4-H? Is it for the social aspect, the projects, the sense of belonging or relationship building that takes place? Is your family a first-generation 4-H family or has your family been apart of 4-H for generations? So many questions, so little time!

Food for thought, statistically: 4-H is an organization with worldwide prestige, alive and well in over 50 countries. Six million youth, nationwide, are learning how to be better humans in 4-H. The 4-H Thriving Model roots itself in the developmental context of research-based programming where the 4 major components are: SPARKS, Belonging, Relationships, and Engagement. The 4-H Thriving Model is the theory of change for positive youth development in 4-H where the research proves that high quality 4-H programs with, "youth who achieve positive developmental outcomes are more likely to also achieve long-term outcomes marked by vocational or academic success, civic engagement, employability and economic stability and happiness and well-being." In short, 4-H = happier, more productive citizens.

Inside this issue: Calendar 2 4-H Pledge Fill the Floral Hall **Local Opportunities** 4-H State Opportunities 5-7 Thrive Model 8 New Volunteers 9 Returning Volunteers 10 Contests 11 **4-H Shooting Sports** 12 WI 4-H Offerings 13 Contacts/Office Hours 14

CONTACT US:

Lafayette County Extension Office
700 Main Street, Suite #2
Darlington, WI 53530
608-776-4820

https://lafayette.extension.wisc.edu

Find Lafayette County UW

Extension on Facebook!

Hailee Kammerud,

4-H Youth Development Educator

hailee.kammerud@wisc.edu





4-H EVENTS

Calendar of Events

October 2023	01	American Spirit East Pre-Registration OPENS
	1-7	National 4-H Week
	14	FALL Cloverbud Fun Day w/Green County Extension
	19-21	FLOCKING TOGETHER ~ Small Ruminant Workshop—Arlington, WI
	20-22	YPCL (Youth as Partners in Civic Leadership) - Upham Woods, WI Dells
	21-22	Spur & Fur Fun Show—Lafayette County Fairgrounds
November 2023	01	4-H Re-enrollment CLOSES for CURRENT members
	01	4-H Club & Group Charter Applications DUE
	01	WI 4-H Foundation CELEBRATE the ARTS Art Contest OPENS
	4-5	Fall Forum - Green Lake, WI
	15	Cedar Crest Ice Cream Flavor Naming Contest CLOSES
	15	American Spirit East Pre-Registration CLOSES
	15	Space Camp Registration OPENS (4HOnline)
	18-19	WI 4-H Arts Camp - Upham Woods, WI Dells (grades 6-8)
	24-28	National 4-H Congress - Atlanta, GA (grades 9-12)
December 2023	1-31	4H Online Registration OPENS for Citizenship Washington Focus, Washington D.C.
	01	American Spirit East—Notifications sent to Participants
January 2024	05	American Spirit East Payments DUE
	10	WI 4-H Foundation CELEBRATE the ARTS Art Contest CLOSES
	15	WI 4-H State Arts Teams (Drama Company & Arts Team) Registration DUE
February 2024	02	4-H Enrollment CLOSES for NEW members
March 2024	15-17	4-H ArtBEAT! Camp - Upham Woods, WI Dells (grades 3-5)
April 2024	18-22	Space Camp - Huntsville, AL (grades 6-8)
	19-24	National 4-H Conference - Washington D.C. (grades 10-12)
June 2024	14-23	American Spirit East Travel



4-H Pledge/FtFH

4-H PLEDGE

I pledge my head to clearer thinking,
My heart to greater loyalty,
My hands to larger service,
And my health to better living,
For my club, my community, my country, and my











HEAD

HEART

HANDS

HEALTH

Health stands for healthy lifestyles, character, ethics, stress management and disease prevention. Our programming empowers youth to be healthy – body and mind – with the skills to make healthy decisions and lead healthy lifestyles. Having the confidence and skills to lead healthy lifestyles not only improves overall well-being; it enables youth to tackle life's challenges today and become leaders in their lives, careers and communities as they grow into responsible adulthood.

Fill the Floral Hall

- * Next Gathering: October 22nd & November 12th
- * Open to ALL Youth & Adults
- * Leathercraft (Oct. 22nd)

- * Mesh Wreaths (Nov. 12th)
- * We'll provide the space, time, and skilled expertise
- * Check Extension's website and the Facebook page
- * If you are interested in leading a project area, please reach out to the Extension Office OR Lynnette Boatman at lhboatman@gmail.com

Local Opportunities



October 21 & 22, 2023 Lafavette County Fairgrounds Darlington, WI

DAY OF SHOW ENTRIES ARE WELCOMED!

Each Day: Registration and check in begins at 7:30 a.m. Show starts promptly at 9:00 a.m.

Poultry Show on Saturday October 21 **Rabbits Show Sunday October 22**

Awards for ALL breed/class champion and reserves! Showmanship awards for all age divisions! Raffle each day at Noon **Coloring Contest Breed ID Contest** Local food vendors and equipment dealer will be on site!

ALL KIDS AGES 4-19 ARE WELCOME TO SHOW!

Pullorum test papers are required, birds will be cooped Rabbits will shown from carriers

OPEN to ALL Youth ages 4-19

Registration begins at 7:30 a.m.

Show starts at 9:00 a.m.

Poultry ~ October 21st

Rabbits ~ October 22nd

- Raffles
- Coloring Contest
- **Breed ID Contest**

Contact: <u>mktorstenson@yahoo.com</u> for more information.

FALL PHOTOGRAPHY CHALLENGE



Submit your BEST Fall Photos of Lafayette County

Open to ALL Lafayette County Residents

Submission Deadline: Monday, November 27th

Photos can be: color, black & white, sepia, or computer edited

Submit to: brandi.kent@wisc.edu



de oportunidades en empleo y programas, incluyendo los requisitos del Titulo VI, Titulo IX, y de la Ley para Americanos con Discapacidades (ADA).

WI 4-H State Opportunities



THURSDAY | 5:30 - 9:00 PM ARLINGTON RESEARCH STATION PUBLIC EVENTS BLDG



Activities include registration, introduction to presenters and the sheep unit, and a biosecurity session. Thursday will be a chance to mingle with participants and get to know the event staff. The barn will be closing at 9:00 PM.

FRIDAY | 8:00 AM - 9:00 PM ARLINGTON RESEARCH STATION PUBLIC EVENTS BLDG **ARLNGON SHEEP UNIT FARM**



Sessions will cover nutrition, parasites, pasture management, record keeping, goal setting, and a time to work with the facilitators on creating plans for participant's operations. Todd will host

plans for participant's operations. I odd will ha pasture wilk after lunch to discuss pasture management. We will have a lamb cook-out early Friday evening followed by time for participants to w on their individual management plans and recordkeeping. Again, the workshop will end at 9:00 PM.

SATURDAY | 8:00 AM - 3:00 PM ARLINGTON RESEARCH STATION PUBLIC EVENTS BLDG



The focus for Saturday is reproduction, enterprise budgets, and health plans.

reproduction, budgets, and herd health management plans. Participants will learn from UW-Madison Extension staff Todd Taylor, Carolyn Ihde, and Lyssa Extension stall if odd Taylor, actoryminde, and Cyssal Seefeldt, lows State University Animal Science Lecturer Ann Kolthoff, and Executive Director of the National Sheep Improvement Program (NSIP) Rusty Burgett. Presenters will engage participants through lectures, discussions, hands-on activities, personalized planning, and live demonstrations. There will even be a lamb cook-out with Cody Hiemke!

Participants are encouraged to bring a digital device such as a laptop or tablet and current flock records for a chance to get expert assistance in creating management plans and budgets during open wo sessions. Paper resources will be available for all participants, therefore, digital devices will not be

The content and method of instructional delivery are geared toward adults; therefore, older youth (14+) are preferred. A registration fee will be charged for each participant.



The lambing barn will open at 7:00 AM on Friday and Saturday for an early morning visit to check on baby lambs

REGISTER VIA EVENTBRITE

https://bit.ly/FlockingTogether23

FOR MORE INFORMATION



toddtaylor@wisc.edu 608.846.5858

carolyn.ihde@wisc.edu 608.326.0223 lyssa.seefeldt@wisc.edu



Workshop fee includes:

Workshop Materials Individualized Work Sessions Thursday and Friday Lunch Friday Lamb Cook-out Educational Sessions

REGISTER **EVENTBRITE**

VISIT

https://bit.ly/FlockingTogether23



LIMITED AVAILABILITY. **SECURE YOUR SPOT** BY REGISTERING NOW!

he registration fee is \$150.00 per participant. Please register by October 13, 2023.





An EEO/AA employer, the University of Wisconsin-Madison Division of Extension, provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA), and Section 504 of the Rehabilitation Act requirements. At the University of Wisconsin–Madison Division of Extension, we are working to integrate accessibility into our web, video, and audio content. If you experience accessibility barriers using our web, audio, or video content or would like to request complete captions or other alternative formats, please contact us at accessibility@extension.wisc.edu

Grades 6-8

November 18-19, 2023 Upham Woods, Wisconsin Dells, WI

4-H Arts Camps, an overnight experience for grades 6-8, features six different diverse art tracks. Possible topics include music, photography, communication, theater, culinary arts, and art in nature. Arts Camp provides older youth and adults with leadership development opportunities and offers middle school youth the fun of a 4-H camping experience focused on arts.

Registration: 4-HOnline (through your 4HOnline account)

WI 4-H State Opportunities

Youth as Partners in Civic Leadership (YPCL)

Youth Grades: 9-12, Adults 19-20, 21+

October 20-22, 2023

Upham Woods, Wisconsin Dells, WI

The mission of YPCL is to advance youth voices in Wisconsin by increasing the capacity for youth and adults to share civic leadership in local schools, communities, and organizations.

Registration Opens: September 1, 2023 (4HOnline)



Wisconsin 4-H Foundation Celebrates the Arts

The Wisconsin 4-H Foundation provides support for arts and communications programs that encourage youth to develop strong leadership, creative and communications skills. Each year the Foundation highlights 4-H artists through the Celebrate the Arts art contest.

Contest Runs: November 1, 2023-January 15, 2024

Check out the website for more information, contest rules, and deadlines.

https://4h.extension.wisc.edu/opportunities/projects/arts-communication/celebrate-the-arts/

WI 4-H State Opportunities



2023 WI 4-H Horse Conference

(NO Horses, People-only)

UW-River Falls Campus & Lab Farm

November 11-12, 2023

Current 4-H members (7th grade & Older) & 4-H Volunteers

Cost: \$75.00/person

Registration: October 2nd—November 3rd, 2023

Register through 4HOnline

https://4h.extension.wisc.edu/opportunities/statewide-events-and-opportunities/state-4-h-horse-leaders-conference/



4-H Connects online! Follow Wisconsin 4-H on Facebook and Instagram or visit https://4h.extension.wisc.edu/virtual-learning-community/ for more information on dates of specific meetings.

Registration can be completed in 4HOnline.

4-H Volunteers/Thrive Model

Volunteers MAKE 4-H possible!

The most important qualifications are:

- a desire to work with young people to help them learn new things and gain life skills; and
- wanting to provide youth with positive experiences in a safe and welcoming environment.

Volunteering Gains:

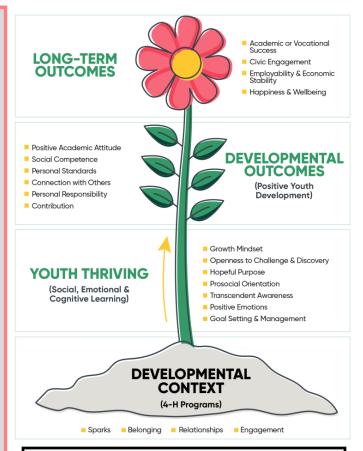
- Skills in Teaching
- Leading Effective Meetings
- Developing Communication Skills

~ Communities Impacted~

- * Stronger Communities
- * Community Connections
- * Increased Civic Involvement
- * Improved Health of Communities

Volunteering Options-

Activity/Event Volunteer
Adult Advisor/Chaperone
Club Enrollment Coordinator
Club Leader
Committee Volunteer
Project Leader



4-H Thriving Model

The 4-H Thriving Model is the theory of change for positive youth development in 4-H. The model illustrates the process of positive youth development in 4-H programs by connecting high quality program settings to the promotion of youth thriving.

Developmental Context: Where youth can belong and grow!

High quality 4-H program settings provide youth a place to belong, matter and explore their personal spark. High quality settings foster developmental relationships with youth, relationships that express care, challenge growth, and share power.

NEW 4-H Volunteers

How can I volunteer within Lafayette County 4-4?

Volunteering Options-

Activity/Event Volunteer

Adult Advisor/Chaperone

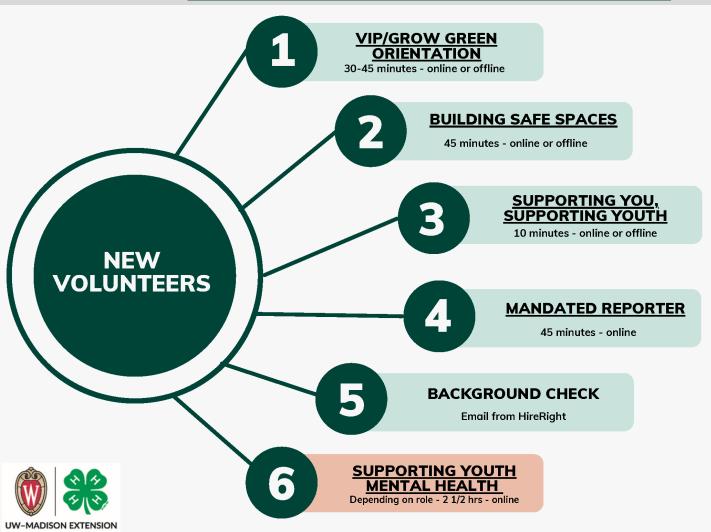
Club Enrollment Coordinator

Club Leader

Committee Volunteer

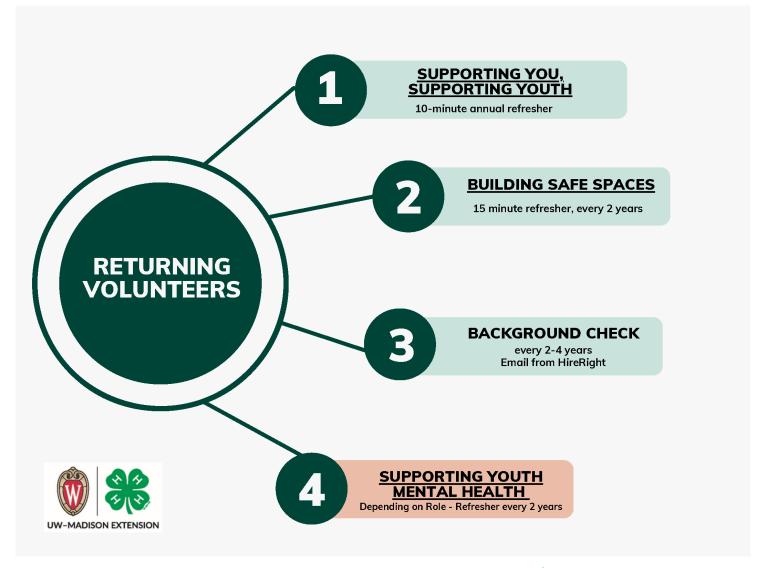
Project Leader

Your volunteer association within WI 4-H matters, please select your volunteering options based on your areas of commitment. https://lafayette.extension.wisc.edu/4-h-youth-development/volunteers/



Returning 4-H Volunteers

WHAT TRAININGS DO RETURNING 4-H VOLUNTEERS NEED TO COMPLETE?



HOW ARE YOU CONNECTED TO 4-H?

Activity/Event Volunteer: https://dh.extension.wisc.edu/files/2020/09/4-H-Activity_Event-Volunteer-Position-Description.pde

Adult Advisor/Chaperone: https://dh.extension.wisc.edu/files/2020/09/Adult-Advisor_Chaperone-Position-Description.pdf

Club Enrollment Coordinator: https://4H.extension.wisc.edu/files/2020/09/Club-Enrollment-Coordinator-Position-Description.pdf

Club Leader: https://dh.extension.wisc.edu/files/2020/09/Club-Leader-Position-Description.pdf

Committee Volunteer: <u>HTTPS://4H.EXTENSION.WISC.EDU/FILES/2020/09/COMMITTEE-VOLUNTEER-POSITION-DESCRIPTION.PDF</u>

Project Leader: https://4h.extension.wisc.edu/files/2020/09/PROJECT-Leader-Position-Description.pdf

Contests

Cedar Crest Ice Cream Flavor Naming Contest



September 1 through November 15, 2023

Who: Open to ALL Wisconsin 4-H Clubs

www.cedarcresticecream.com



UPCOMING... 2024 Conservation Poster Contest—Lafayette County

"May the Forest be With You, Always"

... More Information to Come ... Soon!

4-H Shooting Sports

Lafayette County Shooting Sports

<u>Disciplines:</u> Archery, Air Rifle, Air Pistol, .22 Rifle, .22 Pistol, Shotgun/Trap



Gun Clinic Dates: FALL DATES FORTHCOMING

IF you are interested in participating, please make sure to **ENROLL in the Shooting Sports Project Area; specifically, Air Rifle, Air Pistol, .22 Rifle, Trap, and **NEW** this year .22 Pistol.

Email communications will be sent to the parents of those youth who are enrolled in the project area(s). If you have questions, please reach out to the Extension Office to be placed on the rosters to receive the email notifications for practices.

REMINDER ALL youth participating in live-round disciplines (.22 Rifle, .22 Pistol, and Shotgun/Trap) must be 12 years old. There are <u>no</u> exceptions!!

https://lafayette.extension.wisc.edu/4-h-youth-development/projects/shooting-sports/

Lafayette County 4-H Archery

Project Meeting Dates and Time to be shared this Fall!



If interested in volunteering, please contact Hailee at the Extension Office to register for WI State 4-H Certification Trainings. hailee.kammerud@wisc.edu

WI State 4-H

What ELSE does 4-H have to offer?

Communication Arts:

- * Art Lab (grades 9-12)
- * State Arts Teams {4-H Drama Company & 4-H Art Team} (grades 9-13)

Dairy & Animal Science Program:

- * Area Animal Science Days
- * State Dairy Judging Contest

Dog Program:

- * State Dog Agility Show
- * State Dog Obedience & Showmanship Show
- * State Dog Quiz Bowl

Horse Program:

- * State 4-H Gymkhana -
- * State 4-H Horse Education Days, Horse Bowl, & Hippology Contest
- * State Horse Expo
- * State 4-H Horse Leader's Conference November 12-13, 2023
- * 4-H Hunt & Dressage Show
- *Midwest Horse Fair Tack Sale

Leadership:

* Spark Days

Livestock Program:

- * Area Animal Science Days
- * State Livestock Judging Contest
- * Meats Judging Contest
- * Livestock Quiz Bowl & Skill-a-Thon Contest

Global Citizenship:

- * International Exchange
- * Summer Outbound Travel Program
- * Summer Inbound Hosting Program

Shooting Sports:

* Competitive Shoots



Contacts/Office Hours Page 14



<u>Lafayette County Agriculture & Extension Education Committee:</u>

Lee Gill Rita Buchholz Kriss Marion Jeff Berget Tim Olmstead

4-H PLEDGE

I pledge my head to clearer thinking,
My heart to greater loyalty,
My hands to larger service,
And my health to better living,
For my club, my community, my country, and my world.

THE LAFAYETTE MARQUEE—4-H NEWSLETTER

UNIVERSITY OF WISCONSIN EXTENSION

700 Main Street, Suite #2 608-776-4820 www.lafayette.uwex.edu

Office Hours:

Monday through Friday 8:00 a.m. to 4:30 p.m.

Lafayette County University of Wisconsin Extension Office Staff:

Brandi Kent, Administrative Assistant, <u>brandi.kent@wisc.edu</u>
Hailee Kammerud, 4-H & Youth Development Educator, <u>hailee.kammerud@wisc.edu</u>
Vacant, Agriculture Educator,

Bridget Mouchon, Health & Well-Being Coordinator, blmouchon@wisc.edu
Cristy Alvarado, Community Health Care Worker, Cristy.Alvarado@qwaar.org
Kathy Lange, FoodWise Nutrition Educator, kalange2@wisc.edu
Lynn Perkins, Area 17 Extension Director, lynn.perkins@wisc.edu