April Family Digest

Lafayette County 4-H



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Raise your hand for your State Youth!

Win \$20,000 and bring 4-H programs to more kids in your community!

The "Raise Your Hand" initiative is a nationwide call-to-action for 4-H alumni, supporters, and friends to vote to win funding for their 4-H state program. This funding helps more kids in their communities benefit from the hands-on learning programs 4-H offers, helping kids serve their community and build critical life skills needed to thrive.

Vote for your state and the three states with the highest ratio of hands raised to total state population will win \$20,000, \$10,000 and \$5,000 to bring local 4-H programs to more kids.

4-H.org/RaiseYourHand

Raise Your Hand by May 15th—because every child deserves a chance to succeed.

4-H and Youth Conference – 2019

WI 4-H & Youth Conference Registration Information

Registration information for the 2019 WI 4-H & Youth Conference, June 24-27, 2019, is now posted online and available to share with youth in your county. Registration opens April 2nd at 4:00pm and will close at midnight on April 15th for youth.

You can find links to the registration handbook, county coordinator handbook, and adult advisor handbook on our **Youth Conference website**. Check the sidebar for pages for each of them.

If you have any questions regarding Youth Conference, please contact Justin Lieck at justin.lieck@wisc.edu. Thank you!

4-H Leader's Meetings – Upcoming Dates

2019 Leader's Meeting Dates (for your calendars)

April 28th, June 16th, August 18th, September 22 and November 17th. Meetings start at 6:30 at the UW-Extension Office Foyer.

Cake Decorating Meetings for 4-H Members

Attention all 4-H members who are enrolled in 1st, 2nd or 3rd year Cake Decorating Project:

Meetings will be held at the home of January Meylor, 17359 County Road G just East of Calamine.

Tentative meeting dates are as follows (subject to change):

Friday, April $5 \sim 4pm - 6pm$

Friday, April 19 ~ 3pm – 6pm

Friday, May $3 \sim 3pm - 6pm$

Friday, May 17 ~ 3pm – 6pm

If you can't be there by 3pm, just come as soon as possible after school, it will be no problem.

If you are enrolled and interested in joining these meetings, you must email or text the Leader, January Meylor, no later than Thursday, April 4.

Please include all your contact information (Name, Address, 4-H Club, email address and contact number) and how many years of experience the member has.

Once you send an email to the Leader, she will reply with details regarding supplies needed for the project.

January Meylor

17359 County Road G

Mineral Point, WI 53565

meylors@yousq.net

608-553-1685

YQCA - Youth for the Quality Care of Animals

There will be a class for Ages 9-18 on April 30, 2019 at 4:00 p.m. at the UW-Extension Office (627 Washington Street). If you have questions, please call the office at (608) 776-4820. Please register online https://yqca.learngrow.io/Account/Login

4-H Dog Project

Get Ready. . . Get Set . . . Go. . . get your DOG and join the 4-H Dog Project!



The 4H Dog Project training will be starting on Tuesday, April 2, 2019 at 6pm. Since the fairgrounds was flooded, the exact location is currently unknown, as of today. Dee Dunbar, Dog Project, Leader, will email the location to all 4-H members currently signed up. Plan to meet every Tuesday at 6 p.m. until the fair. Mark your calendars: the Show is Sunday July 9th at 9am.

Please ask Dee for the Dog Project application that needs to be completed by the 4H member. It also needs to be signed by the parent and the bottom completed by your dog vet. When you have your vet complete the form please get a copy of your dog's Rabies Vaccination Certification.

Here is to a great year. If you have questions, please contact:

Dee Dunbar Lafayette County 4H Dog Project email dunbard@uwplatt.edu phone 608-732-8545

County 4-H shooting schedule 2019

Trap shooting schedule will be out soon – stay tuned!!

All Air Rifle, Air pistol and .22 rifle practice will be held at the Darlington Gun Club.

Air Rifle start time will be 1:00 pm

.22 Rifle practice will start at 3:00 p.m.

January 20th Air Rifle

January 27th Air Rifle, .22 rifle and Air pistol

February 3th Air Rifle

February 17th Air Rifle, .22 Rifle and Air Pistol

March 3 Air Rifle

March 17 Air Rifle, .22 Rifle and Air Pistol

April 7th Air Rifle

April 14th Air Rifle, .22 Rifle and Air Pistol May 5th Air Rifle, .22 Rifle and Air Pistol

June 30th Fair .22 Rifle shoot and Air Pistol shoot

July (TBA) Air Rifle fair shoot

If you have any questions, please contact:

Marion Lovell: 608-778-6540 John Foley: 630-303-8441

- "Friend" our Lafayette county 4H WI shooting sports page on Facebook
- All members wanting to compete in the fair shoot must attend a minimum of 3 practices
- To shoot Air Pistol you MUST have 2 years of air rifle.
- For statewide shoots please go to: https://fyi.uwex.edu/wi4hshootingsports/

4-H Archery Schedule for 2019

All practices will be at the Belmont High School upper gym from 1:00 - 4:00 p.m. unless otherwise stated (set up at 12:30)

January 6th Practice

January 27th Practice – Bring a Friend

February 10th Practice February 24th Practice March 10th Practice

March 16th Seven Oaks Archery – Clean Up Day (8:00 a.m. start)

March 24th Practice March 31st Practice

April 13th Lafayette County Archery Shoot – Belmont School (Friday night set up after

Practices; Sat 7am-5pm)

No practices in April

May 19th Practice (clean out)
June TBD Outdoor Practice

June 30th Lafayette County Fair Shoot – Shullsburg Conservation Club (tentative)

If you have questions, please contact:

Dave Zasada (608) 482-1311 Ryan Cushman (608) 778-4164 Tim Richardson (608) 574-0463

All members wanting to compete in the fair shoot must attend a minimum of 3 practices

For statewide shoots please go to: http://fyi.uwex.edu/wi4hshootingsports/competitive-shoots/

Shared to <u>Lafayette County 4H Archery</u> (Facebook page)

Hello from the Wisconsin State Fair!

Hello 4-H County Educators:

I'd like to introduce myself to all of you as the contact for the Youth Expo for the 2019 State Fair. My name is Liz Dworak and I am the Youth Activities Coordinator, a new position that was created in January. My background is in education and nonprofit, I was a teacher and principal for 27 years and am excited to have this new opportunity. I truly believe that Wisconsin Youth have so much to showcase and offer at the fair.

Currently, the youth paperwork for the Clothing Revue, Performance and Activity Stations can be found here https://wistatefair.com/competitions/youth-expo/. The adult paperwork will be up shortly.

NEW TO 2019! Want to show the state what your group is all about? Then enter into our first Youth Expo Video Contest! Please see the attached for more info.

I look forward to working with you as we get closer to fair! In the meantime, feel free to contact me with any questions you may have.

Have a wonderful day! Liz Dworak Youth Activities Coordinator Wisconsin State Fair 414-266-7150

4-H Calendar

April

- 2 15 WI 4-H & Youth Conference Youth Registration Open
- 4 Expansion & Review Committee Meeting
- 9 Tractor Safety @ UW Extension Office 5-8 p.m.

- 11 Tractor Safety @ Darlington High School Ag Room 4:30 7:30 p.m.
- 12 Tractor Safety @ Darlington High School Ag Room 2:15-5:15 p.m.
- 18 Civil Rights Review (Area 17)
- 24-25 JCEP Conference
- 25 29 EVENT: Space Camp at Hunstville, AL

May

- 3 Ambassador Meeting 2:30 4:00 p.m. (Work on Day @ The Dairy)
- 9 Day @ The Dairy Darlington Ridge Farms, LLC
- 20 4-H Camp Counselor Zoom Meeting with Iowa Co. at UW-Extension Office 7:00 p.m. (Adults are invited, also)

June

- 23-25 Lafayette/Iowa County 4-H Camp Upham Woods
- 24-27 State 4-H Youth Conference Madison, WI

July

9 County Fair Dog Show10-14 Lafayette County Fair





Wisconsin 4-H License Plate Marketing Materials Now Available

The Wisconsin 4-H license plate is now available for cars, trucks and motor homes. The specialty plate, available through the Wisconsin Department of Motor Vehicles, supports the Wisconsin 4-H program and bears the message 4-H Empowering Youth. The sale of the plate includes a fee that goes to the Wisconsin 4-H Foundation. Half of the proceeds from every plate sale will go back to the county in which the plate was purchased. The other half will be used for state and regional 4-H programs.

The Wisconsin 4-H Foundation now has a tool kit available for all counties to help market the license plate. A packet of information will be sent to each county by mid-November, with materials available online at http://www.wis4hfoundation.org/fundraisers/4-h-license-plate/

This Foundation/County partnership program has the potential to raise significant unrestricted funds – so plan your marketing efforts and reach out to the Foundation if you need assistance!

Notes from a County 4-H Ambassador

I am Judith Meister, a Lafayette County 4-H Ambassador and a representative for youth on the Mental Health Matters Committee. It is very important to make sure our bodies are healthy and it is just as important to make sure that our brain is healthy, too. The Mental Health Matters Committee helps people become aware of the health of their brain. We also give out information where you can receive help for your illness if you are experiencing troubles.



A way we disseminate information and celebrate our mental health is during Mental Health Matters Week. During this week there will be several activities throughout the week to support and encourage getting the help you need. Some activities will be going on during the week at the Darlington Schools District and other schools in the county. There will be trivia questions read each day of the week during morning announcements. The homeroom with the most points at the end of the week for the most correct answers will receive a prize. Another activity going on

throughout the school are posters symbolizing that we are stronger together. On each poster there are links where each student can share what they like about themselves the most. Posters with pull tabs will also be found throughout the school, where the students and staff can take a note off of the sheet and give it to someone else to make their day.

For more information go to the Mental Health Facebook page: https://www.facebook.com/MHMLafayetteCo/

Judith Meister

Lafayette County 4-H Ambassador

MHM Committee Member



4-H Ambassadors

<u>Meeting dates for 2019</u> May 3rd – after school (2:30ish – 4:00 p.m.) for those that can attend to work on Day @ the Dairy items; June 2 at noon (Extension Foyer).





Thanks for a GREAT
Ambassador Team Day!

4-H Camp

4-H is Out of This World!!

Our 2019 theme for camp, which will be June 23-25th at Upham Woods, Wisconsin Dells.

It's time to register for 4-H Camp! You can register through 4-H Online... until May 17th! We will take the first 40 campers to register... and then if there is still *space*, we will take more. Please see the information below.

If you have questions, please call the Extension Office (608) 776-4820. Thanks!!



2019 Lafayett/Iowa 4-H Summer Camp Upham Woods, Wisconsin Dells Sunday, June 23 ~ Tuesday, June 25

Campers in grades 3-7, as of the 2018-2019 school year. Youth will participate in activities that focus on the environment along with crafts and recreational programs.



Submit your Camp Fee to:

Lafayette County 4-H 627 Washington St. Darlington, WI 53530

Camp Cost is \$100
Registration Deadline is May 17th.

Register early--Lafayette County has a limit of only 40 camper spaces! Checks should be made to the Lafayette County 4-H Leaders

Register online TODAY at: https://wi.4honline.com

STEP 1 - FIND THE EVENT ON 4HONLINE: Log into your 4-H Online family account. Scroll to the bottom of your member list and find the section titled "Register A Member In An Event". Select the name of the member you want to register. Then select the event. Click on the "Register" button at the bottom of the screen.

STEP 2 - REGISTERING FOR THE EVENT: On the next screen you will be asked for specific information related to the event (i.e. t-shirt size, possible roommate preference, food allergies and other possible accommodation requests). Verify your choices and click on the "Check Out" button.

Questions??? Contact the UW-Extension Office at 608-776-4820 or email *lori.wick@ces.uwex.edu*.

What is 4-H Camp?

4-H Summer Camp takes place at Upham Woods, north of Wisconsin Dells, and is led by UW-Extension 4-H Youth Development professionals from Iowa/Lafayette Counties. Bus transportation is provided, and *all activities are supervised by UW-Extension staff, adult 4-H chaperones and/or youth volunteer staff.*

4-H Camp is a three day co-educational program for 4-H youth, **grades 3-7**, from lowa and Lafayette Counties. Campers experience a wide variety of activities. Some encourage individual competition while others provide teamwork. There are quiet times and noisy times. There are many opportunities for new friendships and to belong to a group, as well as to develop new skills and interests.

This program provides a great opportunity to develop leadership and cooperation skills, build responsibility and independence, and learn about our natural world in a safe environment with trained individuals. Please see the reverse side of this form for more information about camp programs, cost, facilities and staff.

If your child needs accommodations to fully participate in any part of the camping experience, please indicate on the registration form below. We want each child who attends to enjoy the experience!

4-H Camp Activities

At summer camp you will enjoy a variety of fun camp activities planned by camp youth and adult staff.

Arts and Crafts: You will explore your creative abilities to make things and express yourself.

Recreation: You will have opportunities to get involved with other campers in large group games and sports, which may include running and personal contact with other participants.

Canoeing: You will be able to refresh yourself by canoeing on the lovely Wisconsin River. A certified lifeguard is present during all waterfront activities and all participants must wear a PFD while in any watercraft.



Nature: You will have opportunities to explore the many natural wonders in and around camp such as the nature trails, streams, animal tracks, birds, and trees. Nature may include hiking on uneven terrain or opportunities to go on a night hike with adult supervision.

Campfires & Circle Dancing: As a camper, you will be able to celebrate with music, skits, storytelling, and entertainment.

All areas of camp will offer a variety of activities including skits, group dancing, scavenger hunts, eco-exploring, and possibly archery. In some group activities, it may be necessary of a volunteer to have physical contact with a youth, to properly position a camper or secure a PFD, but only with child's permission.

Camp Fee

\$100 for Lafayette County 4-H members

Camp fees cover lodging, meals, snacks, crafts, camp t-shirt, transportation, other activities, and insurance.

Refund Policy: A complete refund will be made to you if you cancel before the registration deadline. No refund is given after this time, except for prorated refunds in case of major illness, accident, or death in the family.

<u>Bus Transportation</u>: Bus will leave <u>Darlington on Sunday</u>, <u>June 23</u>, <u>and return on Tuesdayday</u>, <u>June 25</u>. Exact times and more information will be mailed prior to camp.



Upham Woods & Camp Staff

Camp Upham Woods (http://fyi.uwex.edu/uphamwoods/) is a recreational and natural resource complex. It is part of Cooperative Extension Programs of the University of Wisconsin System. The Center deals with principles in youth development and leadership. Upham Woods functions all year round with the aid of both a permanent staff and an intern staff.

Located on the Wisconsin River just north of Wisconsin Dells, Upham Woods consists of 318 acres of woodlands. The facility is made up of thirteen buildings that supply lodging, meals and activity resources.

The main lodge, nature center, craft barn and waterfront are located at the base of a hill. The cabins are located at the top of a steep hill, along with a bath house, with individual showers and bathroom facilities.

Youth are assigned to cabins by gender and age. Each cabin has bunk-beds for 12-14 campers, one or two high school age youth staff, and enrolled 4-H adult volunteer chaperones. Campers will help clean their cabin and bunk.

A large dining hall with a modern kitchen is at the center of the camp. Wholesome meals are served family style. Food and milk are plentiful. Campers help set and clean tables.

A health coordinator who is trained in first aid and CPR is on duty at all times to handle minor health and safety

needs. The coordinator can only administer medications sent with the camper and as directed on the Youth Event Health form. The Dells Delton EMS is ready to handle any emergencies. Campers are covered by accident insurance.



The camp staff consists of paid Upham Woods staff plus adult volunteers who serve as chaperones, role models, and activity directors. All of the adult volunteers are enrolled 4-H volunteers and have completed youth protection training and background checks. We have a maximum ratio of ten youth to every one adult.



Campers will be spending the majority of their time under the direct supervision of youth volunteer staff (counselors, junior counselors, and assistant program leaders). All youth staff, ranging from age 14-19, have participated in a minimum of six hours of training. Our ratio of campers to youth staff is six to one.

"In the operation of the summer camp program, no child, as defined by the program regulations, will be discriminated against because of race, sex, color, national origin, sexual orientation, age, or disability."





We are excited to welcome Madeline Andrae into our Summer

Intern position! She will be a friendly face in our office starting in mid-May until mid-August! Madeline is a former Lafayette County 4-H member, and was an avid camp counselor for Lafayette County. Please help Maddie feel welcome when you see her!

2019 Growing Together . . .

A cooperative effort to learn about gardening and nutrition, this grant will help foster partnerships in Lafayette County to help achieve the nutritional goal. Partners include: The Johnson Public Library – Educational Director Mary Jo Erickson; Lafayette County Master Gardeners – Kay Wang, President; FoodWIse – Donna Peterson, Director and Lafayette County 4-H – Lori Wick, Youth Educator. We will also be working with the Lafayette County Food Pantry, and the MultiCultural Outreach Program (MCOP) to promote the garden and the garden education activities. The produce that is not used for education will be donated to the Lafayette County Food Pantry.



The purpose of the grant is to create a sustainable project for communities to have an educational tool to teach youth and their families the importance of how to grow and prepare their own food. Stay tuned for more information as the spring warms and the snow melts . . . and our fingers itch to scratch in the soil!

4-H Mandatory Leader's Training – 2019

4-H OPS: Tactical Tools for True Leaders
Thanks to the leaders who participated! Thanks also to Debbie Burkeman,
Walworth County 4-H Educator for co-presenting this "Escape Room"
training!









Lafayette County 4-H Scholarship

Application Form

This Scholarship is open to graduating high school seniors and college freshmen that are current Lafayette County 4-H members with at least four or more years of membership. Preference will be given to members who have not yet received this scholarship.

Name	.		Club:	
Address:				Age:
High S	School at	tended:		
•		rsity or Technical Institute you	u plan to	
Select	ed majo	r or program:		
	Enclo	se the following with this form	ı:	
	1.	Copy of high school transcript.		
	2.	Listing of: 4-H activities and accomplishments, school extra and intra curricular activities, and community leadership.		rricular activities, and community
	3. Briefly state any circumstances you feel the sele application – if applicable.		•	know in taking action relative to your
	4.	Autobiographical essay.		
	5.	One letter of recommendation (other than relative of the applicant).		
	Send	,		
	ds Progr Lafay	am and recognized at the I ette County 4-H Leaders Asso	by April 15. The Scholarship Winners will Lafayette County Fair in the barn before Rucciation will award scholarships of not less that er. Please send the proof of registration to the	ural Olympics. n \$50. The Scholarship will be awarded
	I pre	pared this application myse	elf and certify that the information in it is ac	curate.
Signature of 4-H Member:				Date:
Signature of 4-H Organizational Leader:				Date:

Note: This form may be reproduced.

Lafayette County Fair Sheep Exhibitors

LAFAYETTE COUNTY FAIR

Website: www.lafayettecountyfair.org

701 East Louisa Street (608) 776-4828 office or (608) 776-4822 fax

Darlington, WI 53530 E-Mail: jolante.olson@lafayettecountywi.org

ngton, WI 53530 <u>E-Mail: jolante.olson@lafayettecountywi.org</u>
Jack Wiegel, Chairman – Jack Sauer – Steve Spensley – Andy Schilling – Larry Ludlum

Jolante Olson, Fair Secretary – Jody Ruf, Assistant Fair Secretary

July 10-14, 2019

Dear Lafayette County Sheep Exhibitor:

Spring is officially here – and it is time to get your 2019 market lamb purchased! Please stop into the UW-Extension Office and pick up your sheep tags between April 8 and April 30, 2019. Your completed paperwork will be due back to the UW-Extension office by May 3, 2019.

There will be NO central weigh-in location for your market lamb(s) this year. Each exhibitor will be responsible to identify their own market lamb(s) this year. You will need to stop into the UW-Extension Office and pick up the tags needed for each lamb (limit 4 tags per exhibitor). *To help cover costs, there will be a* \$2.00 per tag cost to each exhibitor. Please make checks payable to: LCLC. You will be responsible to put the tags in the ears and return the required paper work to the UW-Extension Office by May 3, 2019. If you need to purchase a tagger (at cost) please contact Center Hill Veterinary Clinic.

You will have the opportunity to scan your market sheep and compete in the lean gain contest (which replaced the carcass show), the same as in the previous year. The fee(s) will come out of your auction check after the sale of your market lamb.

EXTRA market sheep will need to be declared at the scale during weigh-ins at the County Fair. A receipt will need to be signed at that time also. As the spring show season starts, please take bio-security seriously. Please review changes to the Lafayette County Fair Book at the website: http://www.lafayettecountyfair.org/

YQCA training is required each year by any exhibitor that wishes to sell at the Lafayette County Fair Auction. Please visit http://yqca.org/ to learn more about the online classes for youth livestock exhibitors.

Thanks for your continued efforts to educate yourselves and consumers. Have a great show season!

Lafayette County Fair Market Goat Exhibitors

LAFAYETTE COUNTY FAIR

Website: www.lafayettecountyfair.org (608) 776-4828 office or (608) 776-4822 fax

701 East Louisa Street Darlington, WI 53530

E-Mail: jolante.olson@lafayettecountywi.org

- Steve Spensley - Andy Schilling - Larry Ludlum

Jack Wiegel, Chairman – Jack Sauer – Steve Spensley – Andy Schilling – Larry Ludlum Jolante Olson, Fair Secretary – Jody Ruf, Assistant Fair Secretary

July 10-14, 2019

Dear Lafayette County Market Goat Exhibitor:

New this year. . . Market Goats will need to purchase a RFID Tag – and weigh in at the fair. The Grand and Reserve Market Goat will be allowed to sell at the 2019 Lafayette County Fair.

Please stop into the UW-Extension Office and pick up your tags between April 8 and April 30, 2019. Your completed paperwork will be due back to the UW-Extension office by May 3, 2019.

Each exhibitor will be responsible to identify their own market goat(s) this year. You will need to stop into the UW-Extension Office and pick up the tags needed for each market goat (limit 4 tags per exhibitor). *To help cover costs, there will be a \$2.00 per tag cost to each exhibitor. Please make checks payable to: LCLC.* You will be responsible to put the tags in the ears and return the required paper work to the UW-Extension Office by May 3, 2019. If you need to purchase a tagger (at cost) please contact Center Hill Veterinary Clinic.

Please review changes to the Lafayette County Fair Book at the website: http://www.lafayettecountyfair.org/

YQCA training is required each year by any exhibitor that wishes to sell at the Lafayette County Fair Auction. Please visit http://yqca.org/ to learn more about the online classes for youth livestock exhibitors.

Thanks for your continued efforts to educate yourselves and consumers. Have a great show season! If you have questions, please contact Shawn and/or Traci Graham at (608) 574-6902.

Helpful Links:

Need to find out what is happening at UW-Extension? Go to our webpage at https://lafayette.extension.wisc.edu/

Are you a Facebook Fan? Find UW-Extension on Facebook at: https://www.facebook.com/LafayetteCountyUWExtension/

Want to stay in tune with Wisconsin 4-H? Follow the link: http://4h.uwex.edu/

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